

## Music and methamphetamine: Conditioned cue-induced increases in locomotor activity and dopamine release in rats

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### ABSTRACT

Associations between drugs of abuse and cues facilitate the acquisition and maintenance of addictive behaviors. Although significant research has been done to elucidate the role that simple discriminative or discrete conditioned stimuli (e.g., a tone or a light) play in addiction, less is known about complex environmental cues. The purpose of the present study was to examine the role of a musical conditioned stimulus by assessing locomotor activity and *in vivo* microdialysis. Two groups of rats were given non-contingent injections of methamphetamine (1.0 mg/kg) or vehicle and placed in standard conditioning chambers. During these conditioning sessions both groups were exposed to a continuous conditioned stimulus, in the form of a musical selection ("Four" by Miles Davis) played repeatedly for 90 min. After seven consecutive conditioning days subjects were given one day of rest, and subsequently tested for locomotor activity or dopamine release in the absence of drugs while the musical conditioned stimulus was continually present. The brain regions examined included the basolateral amygdala, nucleus accumbens, and prefrontal cortex. The results show that music is an effective contextual conditioned stimulus, significantly increasing locomotor activity after repeated association with methamphetamine. Furthermore, this musical conditioned stimulus significantly increased extracellular dopamine levels in the basolateral amygdala and nucleus accumbens. These findings support other evidence showing the importance of these brain regions in conditioned learning paradigms, and demonstrate that music is an effective conditioned stimulus warranting further investigation.

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### 1. Introduction

Drug addiction is a chronic relapsing disease characterized by neurobiological changes that lead to compulsive drug taking (Koob, 2000). Exposure to cues previously paired with drug reward have been shown to elicit craving and cause drug seeking behavior in both human and animal models of relapse (Childress et al., 1999; Di Ciano and Everitt, 2003; Fuchs et al., 2008; O'Brien et al., 1998). These drug-paired conditioned stimuli (CS) ostensibly hijack normal learning and memory processes, allowing maladaptive addictive behaviors to acquire increased salience. It is therefore of great importance to elucidate the behavioral and biochemical mechanisms through which drug-associated stimuli exert their effects.

The basolateral amygdala (BLA) encodes the motivating and reinforcing properties of CS via populations of cue-responsive neurons. This neuronal activation supplies cognitive systems with information regarding the motivational and reinforcing qualities of an

associated cue that help determine, plan, and execute the appropriate behavioral response (Tye and Janak, 2007). Alterations of the cortico- limbic-striatal circuitry may influence associative learning mediated by the BLA, the brain area ultimately responsible for cue-induced reinstatement of drug-seeking behavior (McLaughlin and Floresco, 2007). Repeated psychostimulant exposure may affect reciprocal, functional connections between the BLA and other reward-related structures, signaling changes in incentive salience and influencing behavioral and neurochemical responses.

The functional relationship between the BLA and the nucleus accumbens (NAcc) promotes goal-directed behavior based on learned associations related to reward. Exposure to reward predictive stimuli has been shown to increase dopamine (DA) efflux in the NAcc and BLA (Weiss et al., 2000). Furthermore, several studies using conditioning paradigms have documented the complex role of the NAcc with regard to psychostimulant seeking and goal directed behavior (Bossert et al., 2005; Everitt and Robbins, 2005; See, 2005). The persistent craving induced by a drug-paired CS has been proposed to be mediated by drug-induced maladaptive encoding of memory via an amygdala–accumbens interaction (Di Ciano and Everitt, 2004).

The involvement of the prefrontal cortex (PFC) in addictive behaviors can be attributed to processes that coordinate sensory and cognitive information, allowing selection of the goal-directed

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behavior that will likely produce the most advantageous outcome. The BLA provides the PFC with information regarding the motivational significance of the stimuli, and the PFC processes and integrates the affective afferent projections to determine the salient relevance of the stimulus, in order to guide behavior appropriately and purposefully (McLaughlin and See, 2003).

Previous studies that have examined the role of psychostimulant-paired CS in these brain regions have almost all used simple discrete or discriminative CS (e.g., a tone or light). While meeting the criteria of neutrality prior to conditioning, these CS fail to simulate the complexity of contextual cues present in human drug experiences. Conditioned place preference (CPP) paradigms have been used extensively to investigate more complex contextual cues (Bardo et al., 1995; Tzschentke, 2007). However, the effect seen with CPP relies upon CS-reward interactions that take place within the same apparatus. One could seemingly make a stronger case for the influence of a reward-paired contextual CS if the conditioning and test environments were not similar. If a contextual CS was able to influence drug seeking behavior in a different environment, then there would be more certainty that the CS was the determining factor, rather than place serving as a potential confound. The ultimate goal of any animal model is to experimentally replicate conditions present in human pathologies, in order to generalize findings to the human population. Therefore, it would be beneficial if animal models of drug seeking were able to incorporate the same kinds of environmental stimuli that are salient in the human addiction cycle.

Recently, it has been reported that music can enhance MDMA-conditioned reward in rats (Feduccia and Duvauchelle, 2008). This study showed increases in both locomotor behavior and extracellular DA in the NAcc when music was paired with MDMA during operant self-administration. Another recent report demonstrated that rats have the ability to discriminate between music by Bach and Stravinsky, and even transfer this discrimination to novel musical selections by the same artists (Otsuka et al., 2009). Furthermore, both of these studies found that music evoked no primary reinforcing properties by itself. Taken together, these reports indicate that music could serve as an effective contextual conditioned stimulus in rats.

Pleasurable music evokes neurological responses in humans that are similar to the effects induced by drugs of abuse. Specifically, highly enjoyable music has been shown to activate reward-related brain regions such as the striatum, amygdala, and PFC (Blood and Zatorre, 2001). Music has also been shown to increase dopaminergic neurotransmission (Sutou and Akiyama, 2004). More advanced techniques such as functional magnetic resonance imaging (fMRI) have shown that pleasurable music is strongly correlated with activation in reward-related brain regions such as the NAcc and ventral tegmental area (VTA); enhanced functional connectivity between brain regions that mediate reward may help explain why listening to music is regarded as a highly pleasurable human experience (Menon and Levitin, 2005). Recent clinical reports also indicate that music can be an effective treatment for a multitude of disorders. Music therapy has shown promising results in treating anxiety, chronic stress, pain, sleep disorders, autism, depression, psychosis, post-traumatic stress disorder, respiratory disease, and as an adjunct therapy for addiction. (Bauldoff, 2009; Bradt and Dileo, 2009; de Niet et al., 2009; Gold et al., 2009; Jung and Newton, 2009; Mays et al., 2008; Nilsson, 2008; Rossignol, 2009). However, while musical appreciation is well documented in the human population, there is still significant disagreement in the literature about whether this is confined to the human species or extends to other members of the animal kingdom. Considering the enormous potential that music therapy offers, there is a growing need to develop preclinical models.

The goal of the present study was to address these issues by using a musical CS in a classical conditioning paradigm. To this end, we conditioned rats for one week with a contextual/musical CS ("Four" by Miles Davis) either in the presence or absence of methamphetamine

(METH), our unconditioned stimulus (US). The effects of conditioning were then assessed in a non-drug state by measuring locomotor activity and extracellular levels of DA (using *in vivo* microdialysis); brain regions dialyzed included the BLA, NAcc, and mPFC. Based on previous findings, we postulated that, after conditioning, music alone would increase locomotor activity and increase extracellular DA in the brain regions examined.

## 2. Materials and methods

### 2.1. Animals

Naïve female Sprague–Dawley rats (Taconic Germantown, NY), weighing between 225 and 275 g at the start of the experiment, were housed individually in a temperature and humidity controlled colony room under a standard 12:12 light/dark cycle. Food and water were provided *ad libitum*. Protocols were designed and implemented in accordance with the "Guide for the Care and Use of Laboratory Animals" (1996) and were approved by the Institutional Animal Care and Use Committee of Albany Medical College. Rats were given one week of acclimation time prior to surgery or experimental procedures.

### 2.2. Drugs

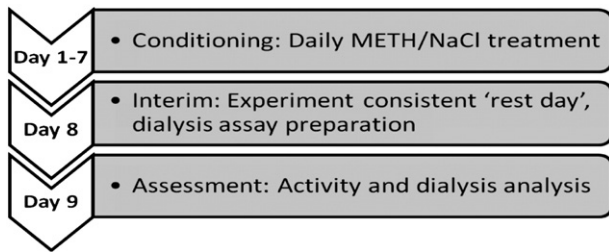
Methamphetamine (Sigma–Aldrich Company, St. Louis, MO), was dissolved in 0.9% sodium chloride with a 1 mg/1 ml drug to saline ratio. METH (1 mg/kg) or saline was administered intraperitoneally (i.p.). Animals were anesthetized with pentobarbital (50 mg/kg, i.p.) for microdialysis cannulation surgery. All other reagents used in conjunction with microdialysis experiments were obtained from local suppliers and were of analytical grade.

### 2.3. Surgery

Stereotaxic surgery for implantation of microdialysis guide cannulae was conducted in accordance with a previously established protocol (Maisonneuve and Glick, 1999). Each rat had two microdialysis guide cannulae (CMA/Microdialysis AB, Stockholm, Sweden) implanted into two of three target nuclei: the basolateral amygdala (BLA), nucleus accumbens (NAcc), and/or medial prefrontal cortex (mPFC). Coordinates were determined according to Paxinos and Watson (1986) such that, when inserted, the dialysis probe was located in the BLA (in mm, AP = -2.2; ML = ± 4.6; DV = -5.0, 0° lateral angle insertion), NAcc (in mm, AP = + 1.6; ML = ± 3.0; DV = -4.0, 16° lateral angle insertion), or mPFC (in mm, AP = + 2.7; ML = ± 1.9; DV = -2.2, 14° lateral angle insertion). Probe locations were randomized and counterbalanced amongst animals, so that our final sample represented animals that had bilateral treatments balanced among the three brain regions. Rats were monitored for 3–4 days before the initiation of conditioning sessions.

### 2.4. Conditioning

On days one through seven, rats were transported from the colony room to a sound attenuated experimental room containing a stereo system and clear Plexiglas® 36 cm cylindrical conditioning chambers with stainless steel bar floors. Rats were administered METH or vehicle (saline) and placed into individual conditioning chambers. Rats were immediately presented with the conditioning cue, a jazz trumpet selection (Miles Davis, *Four*) played continuously for 90 min. This musical selection was played at a volume that allowed the auditory range to remain between sixty five and seventy five decibels. After each 90 min conditioning session, rats were returned to their home cages and transported back to the colony room. Refer to Fig. 1 for a diagrammatic representation of the time course for classical conditioning and activity/microdialysis tests. Separate animals were used for the activity and microdialysis assays.



**Fig. 1.** Diagrammatic representation of time course for classical conditioning and activity/microdialysis tests.

### 2.5. Activity assay

On the day of assessment (day 9), rats were transported to a sound attenuated testing room. This was a different room than that used for conditioning, and housed activity chambers characteristically different from the conditioning chambers. Locomotion was studied in opaque, cylindrical (60 cm) photocell activity chambers with three intersecting light beams. The photocells were located equidistant from each other around the circumference of the apparatus, 3 cm above a grid floor. Each time a light beam was broken a single activity count was recorded by a PC computer interfaced with Med Associates Inc. software. Presentation of the musical conditioned cue was initiated and maintained for 90 min. After the 90 min session, rats were removed from the activity chambers and were euthanized via carbon dioxide.

Several control groups were used to ensure that any conditioned response found on the activity test day was due to the musical CS, and not due to the residual presence of METH or other conditioning factors. These groups are outlined in Table 1, which summarizes the 8 groups that were tested for locomotor response. The Meth-Music and NaCl-Music groups were injected with METH or saline and conditioned in the presence of the music, then tested in a drug free state in the presence of music only. The Meth-NMCond and NaCl-NMCond groups were controls that were injected with METH or saline and received no music during conditioning, and tested in a drug free state in the presence of music only. The Meth-NonEx and NaCl-NonEx groups were controls that used explicitly non-paired presentations of the CS and US. Consequently, during conditioning, these groups were placed in the chambers with music, and then received an injection of METH or saline in their home cages approximately 3 h after the music session. They were subsequently tested for activity in the presence of music only. The Meth-NMTest and NaCl-NMTest groups were controls that were injected with METH or saline and received music during conditioning, but no music during the test session.

### 2.6. In vivo microdialysis

On the afternoon prior to assessment (day 8), microdialysis probes were calibrated for DA, DOPAC, and HVA to ensure recovery higher than 15% (Glick et al., 1994). Probes were discarded if they did not meet the 15% criteria. The subjects were transiently anesthetized with

**Table 1**

Depiction of the eight groups that were tested for locomotor activity: combinations of drug/vehicle and conditioning assignments along with the respective test condition for each group.

Group	Conditioning	Test
Meth-Music	Miles Davis + Meth	Miles Davis only
NaCl-Music	Miles Davis + NaCl	Miles Davis only
Meth-NMCond	Meth only	Miles Davis only
NaCl-NMCond	NaCl only	Miles Davis only
Meth-NonEx	Miles Davis only/Meth 3 h later	Miles Davis only
NaCl-Non-Ex	Miles Davis only/NaCl 3 h later	Miles Davis only
Meth-NMTest	Miles Davis + Meth	No music
NaCl-NMTest	Miles Davis + NaCl	No music

25 mg/kg of Pentothal (Hospira, INC., Lake Forest, IL), and then placed into dialysis chambers. These dialysis chambers were constructed of clear Plexiglas®, were rectangular in shape, and contained a grid floor. They were housed in a different room than the conditioning or activity chambers. A 2 mm dialysis probe (or 3 mm probe for mPFC) was inserted through each guide cannula. The subjects were monitored until the effects of anesthesia had subsided.

On the day of microdialysis (day 9), samples were collected in tubes containing 2 µl of 1.1 N perchloric acid solution (containing 50 mg/l Na2EDTA and 50 mg/l sodium metabisulfite). The probe was continuously perfused at a flow rate of 1 µl/min with artificial cerebrospinal fluid (146 mM NaCl, 2.7 mM KCl, 1.2 mM CaCl2, 1.0 mM MgCl2). A test sample was collected for 20 min from each probe for each experimental subject. Six, 20 min baseline samples were obtained during the first 2 h of sample collection. Immediately following baseline collection, the conditioned cue was presented by turning the music on, and then four 20 min samples were collected. The cue was removed by turning the music off, and an additional five 20 min samples were collected. The dialysate samples were transferred from the collection to the analysis vials for DA, DOPAC, and HVA analysis by high performance liquid chromatography with electrochemical detection (HPLC-EC). Immediately following the microdialysis experiment, subjects were sacrificed and their brains were removed and preserved for histological confirmation of guide cannulae placements.

### 2.7. Histology

Brains were frozen at  $-80^{\circ}\text{C}$  until histology was performed utilizing a cryostat (Microm HM500M, Walldorf, Germany). Probe placements were mapped directly from the cryostat sections, and data were excluded from analysis if the probe was not located within region-specific boundaries for BLA, NAcc, and mPFC (refer to Fig. 2).

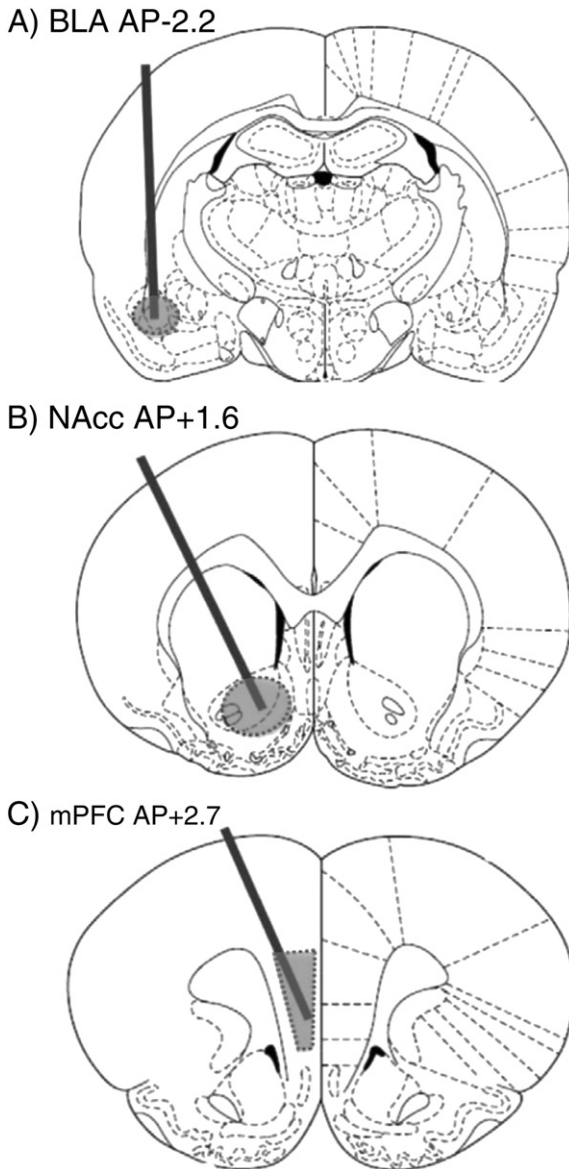
### 2.8. HPLC

The dialysate samples were analyzed utilizing a high performance liquid chromatography system with electrochemical detection (HPLC-EC). The system consisted of an ESA 540 autosampler (ESA, North Chelmsford, MA), an ESA solvent delivery unit, an ESA column (MD-150/RP-C18; diameter = 3.0 µm), and an ESA Coulochem II electrochemical detector with an ESA 5020 guard cell and an ESA 5014B analytical cell. The potential of the glass carbon working electrode was set at 300 mV with respect to the reference electrode. The MD-TM mobile phase (ESA, North Chelmsford, MA), composed of 75 mM sodium dihydrogen phosphate monohydrate, 1.7 mM 1-octanesulfonic acid sodium salt, 100 µl/l triethylamine, 25 µM EDTA in 10% acetonitrile (pH = 3.0), was pumped at a flow rate of 0.530 ml/min. The electrochemical data were processed with Agilent Technologies Chem Station Plus software (Agilent Technologies, Wilmington, DE). The software produced chromatographs, visual depictions of DA, DOPAC, and HVA concentrations (in pmol) plotted on the y-axis against the temporal representation (in min) for ion affinity plotted along the x-axis.

### 2.9. Data analysis

For the locomotor activity data, one-way independent samples analysis of variance (ANOVA) was used to make comparisons between test and control groups based on the summed activity during the 90 min test. Specifically, statistical comparisons were made between our four METH groups; the original Meth-Music treatment group and three METH control groups. Additionally, one-way ANOVA was used to compare our Meth-Music treatment group to our four saline control groups. Significant differences were further examined using Newman-Keul's post-hoc tests. One-way ANOVA was also used to





**Fig. 2.** Representative probe placements for A) basolateral amygdala, B) nucleus accumbens, and C) medial prefrontal cortex.

compare all the control groups to determine if there were any significant differences.

For analysis of the microdialysis data, basal levels of DA and metabolites were expressed as pm/10  $\mu$ l and were analyzed using a repeated measures ANOVA with Treatment (METH vs. NaCl) as the independent factor and Time (20 min intervals, 15 total) as the repeated measures variable. If no significant differences were observed in the basal levels, DA and its metabolites were expressed as a percentage of the corresponding baseline means, and the percent baseline values were then used in subsequent analyses. A two-way ANOVA was used to evaluate two factors: Time and Treatment. Significant results were further examined by Newman–Keul's post-hoc tests.

### 3. Results

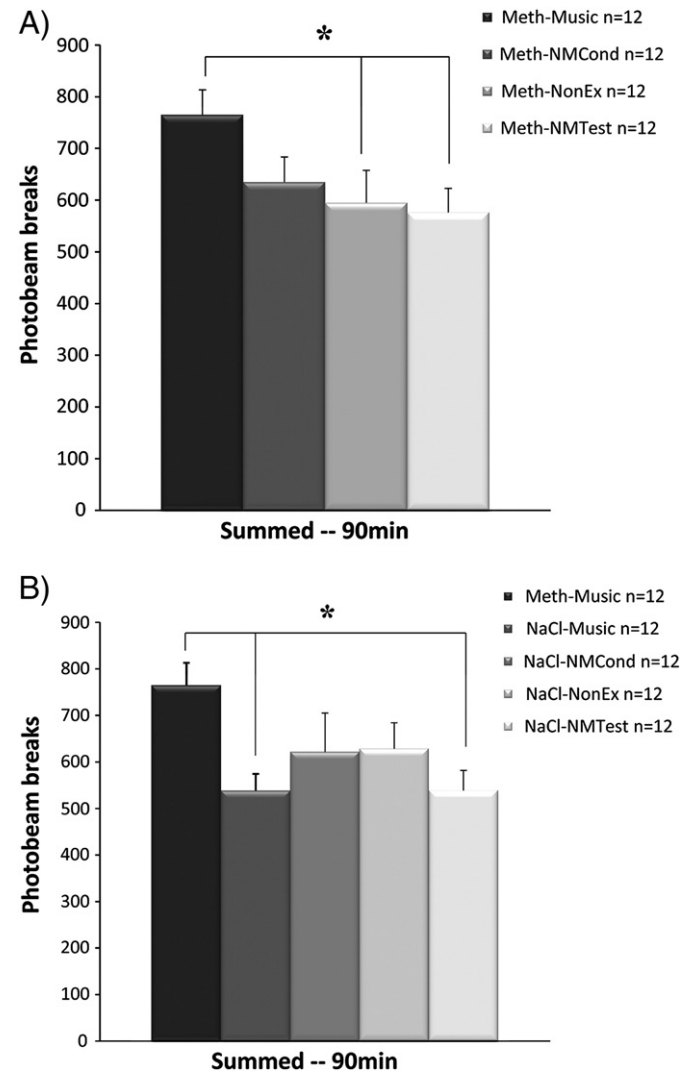
#### 3.1. Music conditioning: activity assay

Fig. 3A depicts the summed locomotor activity of the Meth-Music test group, and the three METH control groups as measured by

automated photobeam breaks during 90 min sessions. ANOVA tests revealed a significant difference between groups ( $F_{(3,44)} = 2.96$ ,  $p < 0.05$ ). Newman–Keul's post-hoc tests showed significant differences between the Meth-Music test group when compared to both the Meth-NonEx and Meth-NMTest control groups ( $p < 0.05$ ). Fig. 3B depicts the summed locomotor activity of the Meth-Music test group, and the four saline control groups. ANOVA testing indicated significant differences between groups ( $F_{(4,55)} = 2.79$ ,  $p < 0.05$ ). Newman–Keul's post-hoc tests revealed significant differences between the Meth-Music test group when compared to both the NaCl-Music and NaCl-NMTest control groups ( $p < 0.05$ ). There were no significant differences revealed by ANOVA when the seven control conditions were compared.

#### 3.2. Musical conditioning: dialysis assay

No group differences were observed among basal levels of DA or its metabolites in the BLA (DA:  $F_{(1,18)} = 0.044$ ,  $p = 0.837$ ; DOPAC:  $F_{(1,18)} = 0.656$ ,  $p = 0.429$ ; HVA  $F_{(1,18)} = 1.218$ ,  $p = 0.284$ ; Table 2). Fig. 4 shows the levels of extracellular DA (percent of baseline) in the BLA during the time-course of microdialysis testing. The auditory conditioned



**Fig. 3.** Effects of a conditioned musical cue on locomotor activity. Data points represent mean summed locomotor activity for the 90 min test session ( $\pm$  SEM). Refer to Table 1 for a detailed depiction of the conditioning and test conditions for each group. A) Meth-Music test group and the three METH control groups. \*  $p < 0.05$  B) Meth-Music test group and the four saline control groups. \*  $p < 0.05$ .

cue was presented to subjects immediately before the collection of sample 7. As can be observed from this graph, there was a robust increase in DA levels after presentation of the musical conditioned cue. These results were confirmed to be significantly different from both baseline samples (Time) and control samples (Group) utilizing ANOVA, ( $F_{(14,252)} = 2.87, p < 0.001$ ) and ( $F_{(1,18)} = 6.67, p < 0.05$ ), respectively. ANOVA also revealed a significant Time  $\times$  Group interaction ( $F_{(14,252)} = 3.10, p < 0.001$ ). Newman–Keul's post-hoc comparison tests revealed significant differences at samples 7, 8 and 9 ( $p < 0.05$ ). No difference was observed in the levels of either metabolite: DOPAC [Group effect:  $F_{(1,18)} = 0.00, p = 0.99$ ; Time effect:  $F_{(14,252)} = 0.47, p = 0.95$ ; Time  $\times$  Group interaction:  $F_{(14,252)} = 0.78, p = 0.69$ ] or HVA [Group effect:  $F_{(1,18)} = 0.87, p = 0.36$ ; Time effect:  $F_{(14,252)} = 0.22, p = 0.99$ ; Time  $\times$  Group interaction:  $F_{(14,252)} = 0.57, p = 0.89$ ].

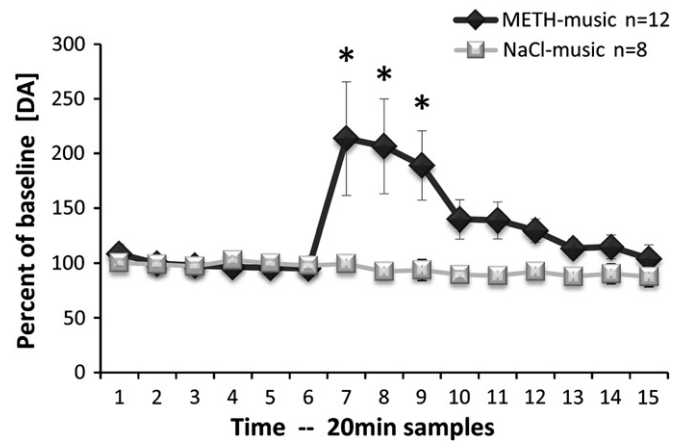
For the NAcc, analysis revealed no significant neurochemical differences between groups in average basal levels (DA:  $F_{(1,15)} = 0.042, p = 0.840$ ; DOPAC:  $F_{(1,15)} = 0.168, p = 0.688$ ; HVA  $F_{(1,15)} = 0.431, p = 0.522$ ; Table 2). Fig. 5 shows the ability of the auditory cue to significantly increase the extracellular levels of DA in the NAcc when presented immediately before the collection of sample 7. A repeated measures ANOVA revealed significant differences from both baseline samples (Time) and control samples (Group) for DA ( $F_{(14,210)} = 2.281, p < 0.01$  and  $F_{(1,15)} = 5.355, p < 0.05$ , respectively). A significant Time  $\times$  Group interaction was also revealed by the ANOVA ( $F_{(14,210)} = 2.308, p < 0.01$ ). Post hoc Newman–Keul's comparisons revealed a significant difference for sample 7 ( $p < 0.05$ ). No significant differences were observed for either metabolite (DOPAC [Group effect:  $F_{(1,15)} = 0.175, p = 0.682$ ; Time effect:  $F_{(14,210)} = 1.107, p = 0.353$ ; Time  $\times$  Group interaction:  $F_{(14,210)} = 0.636, p = 0.834$ ] or HVA [Group effect:  $F_{(1,15)} = 0.021, p = 0.887$ ; Time effect:  $F_{(14,210)} = 0.956, p = 0.50$ ; Time  $\times$  Group interaction:  $F_{(14,210)} = 0.609, p = 0.856$ ]).

Analysis of the basal levels of extracellular DA, DOPAC, and HVA showed no significant differences between groups in the PFC (DA:  $F_{(1,12)} = 2.86, p = 0.117$ ; DOPAC:  $F_{(1,12)} = 0.038, p = 0.848$ ; HVA  $F_{(1,12)} = 0.500, p = 0.493$ ; Table 2). There were also no significant effects of conditioning on DA levels in the mPFC (Fig. 6). The ANOVA showed no effect of Group ( $F_{(1,12)} = 1.75, p = 0.21$ ), and there was no significant interaction between Group  $\times$  Time ( $F_{(14,168)} = 1.47, p = 0.12$ ). Similar results were obtained for either metabolite: DOPAC [Group effect:  $F_{(1,12)} = 0.25, p = 0.62$ ; Group  $\times$  Time interaction:  $F_{(14,168)} = 0.91, p = 0.55$ ] or HVA [Group effect: ( $F_{(1,12)} = 0.90, p = 0.56$ ); Group  $\times$  Time interaction: ( $F_{(1,168)} = 0.50, p = 0.49$ )].

**Table 2**

Average basal levels of extracellular DA, DOPAC, and HVA in rats treated with methamphetamine or saline. Mean  $\pm$  SEM expressed as pm/10  $\mu$ l.

Region	Neurotransmitter	Treatment	N =	Mean $\pm$ SEM
BLA	Dopamine	NaCl	8	0.016 $\pm$ 0.00007
		METH	12	0.019 $\pm$ 0.00027
	DOPAC	NaCl	8	3.203 $\pm$ 0.01116
		METH	12	4.976 $\pm$ 0.03966
	HVA	NaCl	8	2.687 $\pm$ 0.01829
		METH	12	4.110 $\pm$ 0.00979
NAcc	Dopamine	NaCl	7	0.028 $\pm$ 0.00014
		METH	10	0.026 $\pm$ 0.00034
	DOPAC	NaCl	7	10.00 $\pm$ 0.06542
		METH	10	11.36 $\pm$ 0.09757
	HVA	NaCl	7	4.794 $\pm$ 0.03798
		METH	10	5.921 $\pm$ 0.04659
PFC	Dopamine	NaCl	6	0.019 $\pm$ 0.00025
		METH	8	0.016 $\pm$ 0.00037
	DOPAC	NaCl	6	1.427 $\pm$ 0.01520
		METH	8	1.436 $\pm$ 0.00619
	HVA	NaCl	6	2.191 $\pm$ 0.00818
		METH	8	1.955 $\pm$ 0.00434

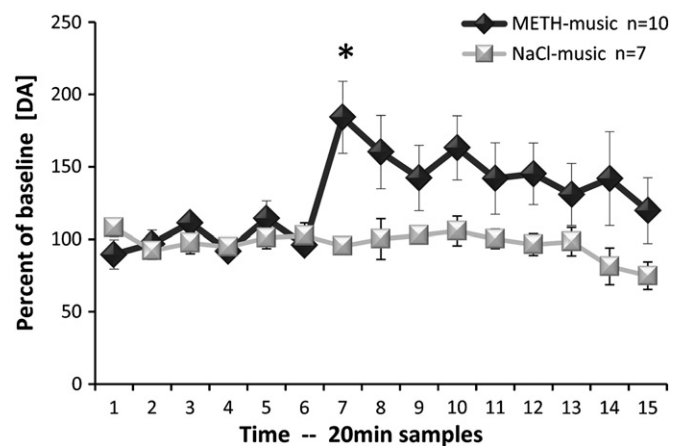


**Fig. 4.** Effects of conditioned musical cue in the basolateral amygdala. Time course of extracellular dopamine (mean  $\pm$  SEM) during microdialysis testing. Musical cue presentation was initiated immediately prior to collection of sample 7 and terminated immediately following collection of sample 11. \*  $p < 0.05$ .

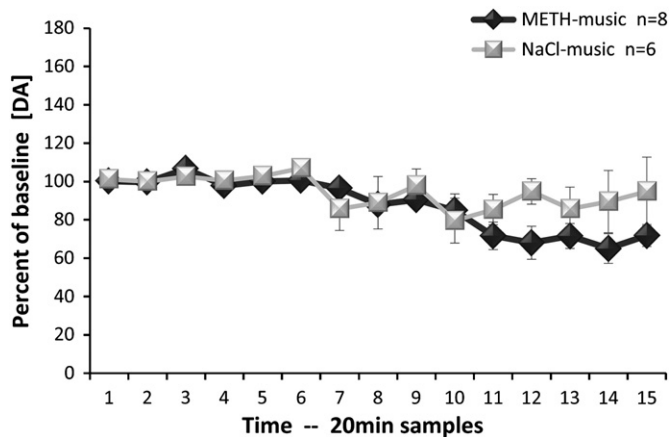
#### 4. Discussion

While the contribution of simple conditioned cues has been extensively investigated with regard to goal directed behavior, more complex contextual CS have not been comparably explored. The present study is the first to show that when a psychostimulant is paired with music in a Pavlovian conditioning paradigm, the music alone can later alter both neurochemical function and locomotor activity. These results indicate that music can serve as an effective contextual CS in rats, and that this species could potentially be used in other preclinical models utilizing musical interventions.

Using a classical conditioning paradigm, METH was an effective US using a continuous, repetitive musical cue as the CS. Presentation of the auditory cue alone significantly increased the locomotor activity of rats in the Meth-Music cue condition group; this effect is consistent with previous research showing increases in locomotor activity after pairing music with MDMA (Feduccia and Duvauchelle, 2008). This effect is unlikely a result of chronic METH injections alone: the locomotor activity of the Meth-NonEx and Meth-NMTest groups was each significantly lower than that of the Meth-Music treatment group. Furthermore, there were no significant differences among any of the seven METH and saline control groups. Thus, it is highly unlikely that the residual effects from one week of chronic METH injections could account for the observed changes in locomotor activity of



**Fig. 5.** Effects of conditioned musical cue in the nucleus accumbens. Time course of extracellular dopamine (mean  $\pm$  SEM) during microdialysis testing. Musical cue presentation was initiated immediately prior to collection of sample 7 and terminated immediately following collection of sample 11. \*  $p < 0.05$ .



**Fig. 6.** Effects of conditioned musical cue in the medial prefrontal cortex. Time course of extracellular dopamine (mean  $\pm$  SEM) during microdialysis testing. Musical cue presentation was initiated immediately prior to collection of sample 7 and terminated immediately following collection of sample 11.

the music conditioned rats. Additionally, in either the locomotor or microdialysis paradigms, it is not possible for place conditioning to have played a role in producing the conditioned response due to the fact that the conditioning, activity, and microdialysis chambers were all characteristically distinct from one another, and each was housed in a different room. While CPP paradigms have yielded important contributions regarding contextual cues, we believe a stronger case can be made for the impact of a contextual cue when it is tested in an environment different than that used for conditioning. The use of different apparatus and environments allows the contextual cue to be the one variable that remains constant, and this eliminates any possible confounds related to conditioning and testing in the same apparatus.

The ANOVA results indicate that the increase in locomotor activity in the Meth-Music group was a function of condition, contingent upon which treatment the subjects received during conditioning. While music is a more complex CS, these results are consistent with locomotor increases seen in previous studies pairing rewarding drugs with simple CS (Bevins et al., 2001; Rodríguez-Borrero et al., 2006); and CPP results have also shown the effect that a contextual CS can have on a CR (Feduccia and Duvauchelle, 2008; McCallum and Glick, 2009).

The results of our *in vivo* microdialysis study show that a continuous, repetitive musical cue previously associated with drug administration can significantly increase extracellular DA in the BLA of rats. This suggests that the elevated DA concentrations are in part involved in BLA modulation of drug-associations, conditioned responses, and cue recall/retrieval. This finding is supported by previous studies showing that inactivation of the BLA through lesion or drug blockade results in attenuation of drug seeking behaviors elicited by drug associated CS (Feltenstein and See, 2007; Meil and See, 1997). Dopaminergic neurons respond in an adaptive manner to events and cues that predict motivationally-significant stimuli; in the case of drug administration, re-exposure to a stimulus that has been paired with the rewarding effects of psychostimulants has been proven to reinstate drug-seeking behavior, promoting relapse by directly eliciting effects similar to the effects induced by the drugs themselves and resulting in anticipatory craving (Robinson and Berridge, 1993).

The amygdala has been linked to many functional systems in the mammalian brain, including neuromodulatory, autonomic, endocrine, limbic, and neocortical circuits. Due to the anatomical position of this structure, as well as its extensive reciprocal and diverse neural projections, the amygdala serves as a confluence of sensory affective neurotransmission. Furthermore, the amygdala provides concatenate

functions that facilitate communication between sensory encoding, interpretative systems, motor planning, and determination pathways (Balleine and Killcross, 2006). Decades of research have implicated the amygdala as the neural substrate responsible for regulating and modifying behaviors in an adaptive manner that favors the most advantageous possible outcomes.

The amygdala's role in emotion is related to its altering, modulating, and integrating the functions of other brain systems, i.e., implementing behavioral response patterns to accommodate internal affective states that are influenced by external, predictive stimuli (Mannella et al., 2007). Therefore, it is likely that the dopaminergic increases we observed in the BLA are a result of positive emotional experiences elicited by the pairing of METH administration with music. Emotion-related behavioral responding can be viewed as the coordinated processing of amygdaloid nuclei: the basolateral amygdala encodes and retrieves the affective value of environmental stimuli, and directs complex adaptive behavioral responses to an older central amygdala system that enables cortical structures to recruit incentive motivational processes and invigorate emotional responding (Everitt et al., 2003).

The memory consolidation function of the BLA is thought to be dependent on its cooperative effects with several forebrain structures, including the NAcc. Evidence has suggested that emotionally significant memories are modulated by the concurrent activation of the BLA and NAcc (LaLumiere et al., 2005). In the latter study, roles of the shell and core of the NAcc were investigated in order to differentiate the relative importance of each subdivision in the memory consolidation process. Their results strongly indicate that activation of DA receptors in the shell, but not in the core, are associated with the modulation of memory mediated by the BLA. Stimulation of the BLA increased DA release in the NAcc shell, suggesting that the shell serves as a downstream component critical in the consolidation process of associative learning involving reinforcing stimuli. In contrast, an experiment conducted by Di Ciano and Everitt (2004) neuropharmacologically disconnected the NAcc core and BLA from the limbic cortical-ventral striatopallidal circuitry to assess their role in cocaine-seeking behavior. The procedure reportedly interrupted conditioned stimulus-induced reinstatement of responding after extinction. The authors concluded that it is the combined influence of the BLA and NAcc core that selectively mediates conditioned-reinforcer-elicited goal-directed behavior. Moreover, several previous studies have also shown differential control over drug seeking behavior in the shell vs. core regions of the accumbens (Fuchs et al., 2008; Ito et al., 2000, 2004).

There are several factors that may explain differences in the literature regarding shell vs. core involvement in drug seeking behaviors. These are small anatomical regions, and therefore it is possible that microinjections into one region may diffuse into neighboring areas. Other differences in the literature reflect disparities in drug-delivery, e.g., contingent vs. non-contingent drug administration. In addition, DA, like other catecholamines, may exert its effect by means of volume transmission; this entails bulk release into the surrounding extracellular fluid where it can diffuse to local synaptic boutons. Consequently, isolation of neighboring but discrete DA-containing structures can prove extremely difficult and imprecise. Accordingly, in the present study, we chose not to distinguish between the two sub-regions of the NAcc when determining dialysis coordinates.

Much like our results in the BLA, *in vivo* microdialysis within the NAcc also demonstrated a dopaminergic response to our musical CS. We observed a significant increase in extracellular DA immediately following onset of the musical cue. This indicates that complex drug-associated cues can evoke an increase in extracellular DA within the NAcc, an observation supported by previous literature. Ikegami et al. (2007) found that cues paired with cocaine were able to enhance typical NAcc DA responses to the drug itself, compared to



non-reward cues. Additionally, it has been shown that animals in a drug-free state exhibit an increase in NAcc DA levels when placed in an environment previously paired with cocaine (Gerasimov et al., 2001). In a self-administration paradigm, cocaine-associated stimuli elicited increases in extracellular DA within the NAcc while animals were in a drug-free state (Weiss et al., 2000). It has also been previously reported that extracellular DA in the NAcc was increased when music was paired with MDMA during operant self-administration (Feduccia and Duvauchelle, 2008). Our results suggest that the NAcc, along with the BLA, may be involved in the association of drugs with complex environmental cues, such as music. Furthermore, it is changes in the levels of DA in response to cues that may mediate learning and responses to drug-cue associations.

The role of DA in learning has been well documented for midbrain DA neurons; however, the literature is limited with regard to dopaminergic responses to error prediction in cortical neurons. We found no significant changes in extracellular DA levels in the mPFC after presentation of the musical CS. Similarly, a recent report examining the effects of a cocaine-paired CS found PFC DA levels to be unaltered after presentation of the drug paired stimuli (Ikegami et al., 2007). In the present study, the mPFC was included as an area of interest because of its involvement in associative learning and its modulatory influence over key components of the incentive-salience pathway. Our initial expectation was that DA-evoking stimuli would have a pervasive effect on DA receiving terminals, and therefore dopaminergic alterations in the mPFC would follow suit with the other regions under investigation. However, this did not occur, perhaps due to the anatomical differences between regions of the mPFC.

Previous research indicates that the prelimbic portion of the mPFC is crucial for drug relapse, is involved in drug seeking behaviors, and can be activated by drug-associated cues (Rocha and Kalivas, 2010; McLaughlin and See, 2003; Di Pietro et al., 2006; Kalivas and O'Brien, 2008; Miller and Marshall, 2004; Zavala et al., 2003). In contrast, the infralimbic cortex appears to be extensively involved in extinction learning, is not necessary for methamphetamine-reinstatement, and is not activated by drug-paired cues (LaLumiere et al., 2010; Peters et al., 2008; Rocha and Kalivas, 2010; Miller and Marshall, 2004). The current microdialysis study did not differentiate between these distinct regions of the mPFC, which may account for the lack of a significant response. Furthermore, previous research has also indicated that involvement of the prelimbic cortex in reinstatement models may be dependent upon the type of cue used (Di Pietro et al., 2006). Therefore, further investigation would be required to determine if our lack of effect is due to regional discrimination or to the musical cue itself.

The replacement of a commonly utilized simple CS with a more complex contextual music cue allowed for investigation of associative learning that more closely resembles higher level functioning and mental processes that occur during subjective human drug experiences. While the literature is inconsistent with regard to whether animals appreciate music, this is certainly not necessary for its utilization in animal models of addiction. In fact, it may prove to be advantageous if subjects do not experience pleasure from the music alone, as this would further complicate analysis and interpretation. The results pertinent to this point indicate that rats have the ability to discriminate musical passages, and that when music is paired with drug reward in a conditioning paradigm, the music can influence drug seeking behavior (Feduccia and Duvauchelle, 2008; Otsuka et al., 2009). However, it should be noted that both of these latter studies concluded that music alone did not have a primary reinforcing effect in rats. Phylogenetic considerations may determine the reinforcing properties of music; that is, the music used in the current experiments was obviously made and adjusted by humans. In order to truly address the reinforcing quality of music in other animal species, the music may have to match that particular animal's audiogram. However, our goal

was not to see if rats had an appreciation for Miles Davis, it was to determine whether a complex musical passage could effectively be used as a contextual CS in a Pavlovian learning paradigm.

Preoccupation with obtaining and consuming substances is the distinguishing characteristic of drug addiction. Learning-induced, plastic changes at dopaminergic synapses appear to be responsible for this compulsive drug-seeking behavior. Cue-elicited craving is a fundamental component of addiction, and is at least partially responsible for precipitating relapse (Volkow et al., 2006). The present study was the first classical conditioning paradigm to employ an abstract continuous musical stimulus as the conditioned cue in rats. The locomotor activity results established the effectiveness of the musical auditory cue. The BLA and NAcc DA data provided evidence that the musical cue has the ability to stimulate the dopaminergic circuitry associated with memory modulation and retrieval responsible for associative forms of learning. This work further solidifies the notion that lower order species have the ability to discriminate complex musical passages, and suggests that rats could be used in other preclinical models that utilize musical interventions.

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